

DCLA High School

Safe School Committee & Healthy and Fit Kids Committee

10/11/16

1:35 PM-Principals Office

Members: Shelly Braden-Parent, Ardith Daniel- Parent, Jason Collins-Teacher, Kelly Riddle-Teacher, Cassie Smith-Student, Austin Wheat-Student, Kevin Engle-Principal, Kay Gilchrist-Counselor, Tammy Bufford-Cook.

- I. How safe is our school?
 - a. Things we do well?
 - i. Professional Development we had before the school year.
 - ii. Kids feel comfortable to talk with staff
 - b. Things we need to improve on?
 - i. Lock Doors
 1. Doors by special ed room need to be replaced. The don't always shut.
 - ii. Office not being able to see who enters door.
 - iii. Intercom system-classes can't hear what is being said.
 - c. Thoughts
- II. Bullying
 - a. Is it a problem?
 - i. Worse last year-Better this year
 - ii. Unintentional
 - b. Where is it a problem?
 - i. Scenario based- Done in groups based off of events
 - ii. Social Media-Previous students
 - iii. Hallways-Lunch Time
 - iv. In Class
 - v. In Groups when a lot of people are around
 - c. Why is it a problem?
 - i. To build status
 - d. How do we address it?
 - i. Educate kids to not talk about things that don't need to be
- III. Suicide
 - a. Is it being talked about?
 - i. Yes
 - b. Why?
 - i. Bullying
 - ii. Problems at home that seem overwhelming

- c. How do we address it?
 - i. Educate students to talk with adults about suicide
 - IV. Assess School Wellness Policy
 - a. Is it working?
 - i. Yes
 - b. Any Recommended Changes?
 - i. None
 - c. Additions?
 - i. Exercise
 - 1. How can we add it?
 - a. Open the track at lunch and after school.
 - i. Walk and Talk
- V. Healthy options at lunch
 - a. Do we have enough?
 - i. YES
 - ii. Salad bar is a good way to eat healthy
 - iii. Bowl of fruit at the end of the line
 - b. Are students taking advantage of it?
 - i. Yes
- VI. Health Education
 - a. Is what we are offering filling the needs?
 - i. Yes
 - ii. Science class
 - iii. Edgenuity
 - 1. Nutrition
 - 2. Healthy Living
 - 3. Lifetime Fitness
 - iv. Mrs. Braden is contacting the health Department to talk with students about hygiene
- VII. Drugs?
 - a. We have a problem
 - b. Community problem
 - c. Drug dogs are brought in frequently
 - d. Program on how to say NO
 - e. Kids think it's not a big deal
 - f. We need a speaker that comes and shares their story
- VIII. Other Thoughts?
 - a. Teachers' have open doors
 - b. Mrs. Gilchrist will create an anonymous box to put in front of her office.