



# January 2018

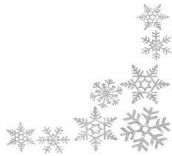


Sun  
7

Mon  
8

B: Pancake on a stick, cereal, fruit, juice, milk  
L: Spaghetti with meat sauce, garlic knot, green beans, salad bar, fruit, water/milk  
**JH/HS BB @ Medford \*\*\*JH girls @ 2pm- JH boys, HS girls and HS boys to immediately follow**

Tue  
9



B: Biscuit and gravy, cereal, fruit, juice, milk  
L: Chicken soft taco, refried beans, Spanish rice, chips and salsa, salad bar, fruit, water/milk  
**EL/JH BB Lutheran @ LA**



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Wed  
10

B: Yogurt parfait, cereal, fruit, juice, milk  
L: Country fried steak, mashed potatoes and gravy, dinner roll, salad bar, fruit, water/milk

Thu  
11



B: Toast, scrambled eggs, cereal, fruit, juice, milk  
L: Hot Italian sub, garden salad, carrot sticks, salad bar, fruit, water/milk  
**EL/JH BB @ K/H**



Fri  
12

B: Donut, cereal, fruit, juice, milk  
L: Chili, Fritos, beans, salad bar, fruit, water/milk

Sat  
13

**This is an equal opportunity provider.**