







November 2017



<p>Sun</p> <p>12</p>	<p>***DCLA JH BB Tournament bracket on the back!***</p>
<p>Mon</p> <p>13</p>	<p>B: Bagel sandwich– ham, egg and cheese, cereal, fruit, juice, milk L: Spaghetti with meat sauce, breadstick, garden salad, salad bar, fruit, water/milk</p> <p>DCLA JH BB TRNMNT @ LA and DC Girls 5:40pm @ DC Boys 6:45pm @ DC Chili or chicken and noodle supper– both LA and DC gym lobbies from 5-7pm</p> 
<p>Tue</p>  <p>14</p>	<p>B: Blueberry pancake bites, strawberry/banana yogurt, cereal, fruit, juice, milk L: Crispy chicken taco, Spanish rice, refried beans, chips and salsa, salad bar, fruit, water/milk</p> <p>DCLA JH BB TRNMNT @ LA and DC</p>
<p>Wed</p> <p>15</p>	<p>B: Toast, breakfast scramble, cereal, fruit, juice, milk L: Hot ham and cheese sub, carrot sticks, Sunchips, salad bar, fruit, water/milk</p>
<p>Thu</p> <p>16</p>	<p>B: Biscuit and gravy, cereal, fruit, juice, milk L: Thanksgiving dinner– Turkey, dressing, mashed potatoes and gravy, green bean casserole, dinner roll, salad bar, pumpkin pie, fruit, water/milk</p> <p>DCLA JH BB TRNMNT @ LA and DC</p>
<p>Fri</p> <p>17</p> 	<p>B: Donut, cereal, fruit, juice, milk L: Cheeseburger, French fries, salad bar, fruit, water/milk</p> <p>Happy Birthday Mrs. Lisa Webster!! Happy Birthday Johnathan Stasyszen!!</p> 
<p>Sat</p> <p>18</p>	<p>This institution is an equal opportunity provider.</p> <p>Happy Birthday Andrew Kerr!!</p> 