

Eagles



October 2018



Sun

21

*****Red ribbon week October 23-31– be sure to have your child participate in the dress-up days to show they want to be drug free!!*****

Mon

22

**NO SCHOOL!!
FALL BREAK!!**

Tue



23

B: Biscuit and gravy, cereal, fruit, juice, milk
L: Chicken and noodles, roasted carrots, dinner roll, salad bar, fruit, water/milk

**DCLA mini cheer camp @ LA 4-6pm
“Future is bright, no drugs in site!” Wear college gear and/or sunglasses**



Wed

24

B: Pancakes, cereal, fruit, juice, milk
L: Pineapple ham, green beans, loaded potatoes, roll, salad bar, fruit, water/milk

“I mustache you to wear RED!!” Wear anything red

Thu

25



B: Breakfast scramble, toast and jelly, cereal, fruit, juice, milk
L: Breaded chicken sandwich, baked beans, Doritos, salad bar, fruit, water/milk

**“Hide yourself from drugs!!” Wear camo
HS FB Senior Night Coyle @ LA
Mini cheer will perform at halftime**



Fri

26

B: Cinnamon roll, cereal, fruit, juice, milk
L: Breakfast for lunch– waffles, scrambled eggs, sausage patty, breakfast potatoes, salad bar, fruit, water/milk

“Sock it to DRUGS!!” Wear crazy socks

Sat

27

**Fall Fest @ Lamont
This is an equal opportunity provider.**